

Menus
for
**December
2018**

**Head Start &
Preschool**

This institution is an equal opportunity provider.
Menus are subject to change.

Monday, December 3

Breakfast
Cold Cereal
Fruit
Milk

Lunch
Hamburger on a Bun
Emoji Fries
Chilled Peaches
Milk

Tuesday, December 4

Breakfast
Muffins
Fruit
Milk

Lunch
Chicken Nuggets
Sweet Potato Fries
Banana
Milk

Wednesday, December 5

Breakfast
Grahams
Fruit
Milk

Lunch
Chicken Alfredo Pasta
Cooked Broccoli
Fruit Cocktail
Milk

Thursday, December 6

Breakfast
Breakfast Bread
Fruit
Milk

Lunch
Beef & Cheese Walking Taco
Lettuce, Salsa
Red Pepper Strips
Orange Wedges
Milk

Friday, December 7

Breakfast
Breakfast Variety
Fruit
Milk

Lunch
Grilled Cheese Sandwich
Tomato Soup
Cooked Cabbage
Fruit Variety
Milk

**Happy
Holidays!**

Monday, December 10

Breakfast
Cold Cereal
Fruit
Milk

Lunch
Orange Chicken
"Fried" Rice
Red Pepper Strips
Chilled Mandarin Oranges
Milk

Tuesday, December 11

Breakfast
Muffins
Fruit
Milk

Lunch
French Bread Pizza
w/ Marinara Sauce
Baby Carrots
Banana
Milk

Wednesday, December 12

Breakfast
Grahams
Fruit
Milk

Lunch
Mini Corn Dogs
Baked Beans
Chilled Peaches
Milk

Thursday, December 13

Breakfast
Breakfast Bread
Fruit
Milk

Lunch
Turkey & Cheese Sandwich
Celery Sticks
Chilled Pears
Milk

Friday, December 14

Breakfast
Breakfast Variety
Fruit
Milk

Lunch
Hot Ham & Cheese Sandwich
Vegetable Variety
Fruit Variety
Milk

**Catch
you in
'19!**

Holiday begins at
the end of classes
Friday, Dec. 21
Classes resume
Wednesday, Jan. 2

Monday, December 17

Breakfast
Cold Cereal
Fruit
Milk

Lunch
Cinnamon-Glazed
French Toast
Baby Carrots
Chilled Applesauce
Milk

Tuesday, December 18

Breakfast
Muffins
Fruit
Milk

Lunch
Popcorn Chicken
Macaroni & Cheese
California Blend Vegetables
Banana
Milk

Wednesday, December 19

Breakfast
Grahams
Fruit
Milk

Lunch
Pizza Variety Day
Romaine Caesar Salad
Orange Wedges
Milk

Thursday, December 20

Breakfast
Breakfast Bread
Fruit
Milk

Lunch
Pork Variety Sandwich
Baked Beans
Chilled Peaches
Milk

Friday, December 21

Breakfast
Breakfast Variety
Fruit
Milk

Holiday Meal
Ham & Scalloped Potatoes
Breadstick
Green Bean Casserole
Grape & Yogurt Salad
Milk