



School Information:

Welcome Back! We're so glad to see you!
Additional Entrées available every day.
Garden Bar Variety available daily.



Nutrition Tip:

With September being Whole Grains month try increasing your whole grain intake by snacking on ready-to-eat whole grain cereals, whole grain crackers or popcorn.



Reference: USDA MyPlate

Monday

Tuesday

Wednesday

Thursday

Friday

LABOR DAY

2

NO SCHOOL

Deep Dish Pizza

3

Cooked Broccoli
Romaine Caesar Salad
w/ Cherry Tomatoes
Chilled Peaches, Crisp Apple
Milk

Hamburger on a Bun

4

Baked Beans
Creamy Coleslaw
Chilled Pears
Orange Wedges
Milk

Beef & Cheese Walking

5

Or Softshell Tacos
Taco Toppings, Red Peppers
Spanish Rice
Chilled Pineapple, Banana
Milk

Crispy Chicken

6

Sandwich
French Fries
Baby Carrots
Fruit Variety
Milk

Hot Dog on a Bun

9

Baked Beans
Cucumber slices
Chilled Peaches
Crisp Apple
Milk

Chicken Alfredo Pasta

10

Breadstick, Broccoli
Romaine Caesar Salad
w/ Cherry Tomatoes
Chilled Pears, Orange Wedges
Milk

Cinnamon Glazed French Toast

11

Sausage Link
Tri Taters, Baby Carrots
100% Fruit Juice, Craisins
Milk

Chicken Egg Rolls

12

"Fried" Rice
Whole Kernel Corn, Red Peppers
Chilled Pineapple
Banana
Milk

Deli Sandwich Variety

13

Sweet Potato Fries
Broccoli Raisin Salad
Fruit Variety
Milk

Chicken Caesar Wrap

16

Sweet Potato Fries
Cucumber Slices
Chilled Peaches
Craisins
Milk

Pepperoni or French Bread Pizza

17

Roasted Broccoli
Romaine Caesar Salad
w/ Tomatoes
Chilled Pineapple, Apple Wedges
Milk

Corn Dog

18

Green Beans,
Baby Carrots
Chilled Fruit Cocktail
Grapes & Yogurt
Milk

Boneless or Bone-In Chicken

19

Wings w/ Dipping Sauces
Breadstick, French Fries
Celery Sticks, Chilled
Applesauce, Banana
Milk

Breaded Pork Sandwich

20

Baked Beans
Creamy Coleslaw
Fruit Variety
Milk

Chicken Burrito Bowl w/ Rice,

23

Cheese & Toppings
Whole Kernel Corn
Red Pepper Strips
Chilled Pineapple, Craisins
Milk

Build Your Own Sub Sandwich

24

Turkey, Ham & Cheese
Sweet Potato Fries
Cucumber Slices
Chilled Peaches, Crisp Apple
Milk

Pepperoni BOSCO Stick with

25

String Cheese, Marinara Sauce
Roasted Broccoli,
Romaine Garden Salad
Chilled Pears, Orange Wedges
Milk

Build Your Own Beef &

26

Cheese Nacho Bar
Red Pepper Strips
Refried Beans, Spanish Rice
Banana, 100% Fruit Juice
Milk

Stuffed Crust Pizza

27

Romaine Caesar Salad with
Cherry Tomatoes
Roasted Vegetable Blend
Fruit Variety
Milk

Grilled Chicken Sandwich

30

Baked Beans
Broccoli Raisin Salad
Chilled Applesauce
Orange Wedges
Milk



This institution is an equal opportunity provider. Menus are subject to change.

